Liberty Savard Ministries, Inc. (A Non-Profit Organization)  
LibertySavard2U, and Liberty Savard Life Coaching  
July—August 2011 Newsletter

I’ve been reading Psalm 46 in The Message Lately  

Jacob-wrestling God fights for us,  
God of angel armies protects us.  
(Extra phrase added by Liberty because it is so good!)

10 “Step out of the traffic! Take a long, loving look at me,  
your High God, above politics, above everything.”

11 Jacob-wrestling God fights for us,  
God of angel armies protects us.

Verse 1 assures you that you are not standing out in the open  
alone and defenseless. That is a good thing to remember. I  
was sitting alone in my house the other day and although I’ve  
heard it dozens of times, that day I REALLY REALIZED I  
was not alone. I was not exposed to the harshness of the  
elements or of man, I was hidden in, surrounded by, God—I  
was not alone.

Verse 2 and 3 tell us we have all rights to take our stand  
fearlessly regardless of whatever trouble we face. No matter  
whether trouble came out of blue or we brought it on  
ourselves, no landlord or politician’s battle or trial case or  
broken marriage is worse than being at the cliff-edge of  
doom all alone and frightened.  

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Doom means judgment and  
law. We face all problems of this life with God surrounding  
us with His protection and His guidance. He rarely, if ever,  
judges his own sons and daughters.

Spurgeon thinks of David as the sweet psalmist of Israel as it  
reads in 2 Samuel 23:1 (NKJV). Read the following:  

SPURGEON: Among all the saints whose lives are  
recorded in Holy Writ, David possesses an experience of  
the most striking, varied, and instructive character. In his  
history we meet with trials and temptations not to be  
discovered, as a whole, in other saints of ancient times, and  
hence he is all the more suggestive a type of our Lord.

David knew the trials of all ranks and conditions of men.  
Kings have their troubles, and David wore a crown: the  
peasant has his cares, and David handled a shepherd’s  
crook: the wanderer has many hardships, and David abode  
in the caves of Engedi: the captain has his difficulties, and  
David found the sons of Zeruiah too hard for him. The
psalmist was also tried in his friends, foes were they of his own household: his children were his greatest affliction. (Does that sound familiar to you?)

The temptations of poverty and wealth, of honour and reproach, of health and weakness, all tried their power upon him. He said his counselor, Ahithophel, forsook him, “He that eateth bread with me, hath lifted up his heel against me.”

His had temptations from without to disturb his peace, and from within to mar his joy. David no sooner escaped from one trial than he fell into another; no sooner emerged from one season of despondency and alarm, then he was again brought into the lowest depths, and all God’s waves and billows rolled over him. It is probably from this cause that David’s psalms are so universally the delight of experienced Christians. Whatever our frame of mind, whether ecstasy or depression, David has exactly described our emotions. He was an able master of the human heart, because he had been tutored in the best of all schools—the school of heart-felt, personal experience.

As we are instructed in the same school, as we grow matured in grace and in years, we increasingly appreciate David’s psalms, and find them to be green pastures.

Spurgeon prayed for David’s experience to cheer and to counsel him and I pray for it to help you.

Verses 4, 5, and 6 remind us that the Earth and everything that goes on in it is His. He protects His own. He does not judge His own. Verse 7 is comforting above all else.

Verses 8, 9, and 10 remind of God’s power, and even though the rest of the world seems to be about to explode, that the world’s politics should be of little concern to us. His protection is there for us. He is our fortress.

Be sure that you are seeing things in a proper context of an actual situation instead of your soul’s thinking. You and I have allowed ourselves to see things as hard wired so that we believe “that is just the way it is” (or so we think). We begin to view and experience all circumstances, even similar circumstances, as “that is just the way it is.” Wrong! Adjust your thinking to God’s words which if you accept them as absolute, they will arm you with His truth. Begin to see Him wanting you to see things more His way.

you want right there! Go to www.libertysavard.com to click on this new catalog.

You can watch video samples, hear audio teaching samples, and read study guide samples.

**BRAND NEW**

*Shattering Your Strongholds WORKBOOK*

**RTP, PTP, and More to Follow!!!**

The new *Shattering Your Strongholds Workbook*, more in-depth than ever, is being printed right now. You can order an 8x11 (100 pages) copy, coil bound, at the introduction price of only $12.95 through 9/30/2011! The price will be $17.00 after that. Discounts are available for 12 or more ordered at once and shipped together.

If you have any questions that you want clarified, just e-mail for quick answer, or phone 916-721-7770 and leave your question on the voice mail line.

The first 10 orders of this new workbook will go out with a FREE Bible-sized Colored Unsurrendered Soul Chart with soul prayers on backs!!!!!!

**Liberty Savard Life Coaching Specials**

**Hidden Treasure Hunt for You!**

I am very happy with the way that my Life Coaching is going. I have several clients overseas by Skype, and that is such an amazement to me. I have always felt that people could get on with their lives with God if they had just a little push and help from someone who had some solid ministry experience and could answer a few questions they have.

Too many big ministries and big churches have a whole army of assistant pastors and other assistants between them and the body of Christ. I realize there may be a need for some of this, but so many just want someone who cares to help them with a few answers.

I am still offering some free 15 minute Coaching sessions. I did get a bit off during the early months of my stroke recovery. But things are pretty much on track now. My Life Coaching specials during September will be that when you pay for three (3) sessions, you will receive two (2) sessions of the same length! They are to be paid in advance and scheduled for completion by the 31st of October this year.

Find the hidden treasure on the website below and win FREE two (2) thirty-minute sessions. You must submit your treasure entry before anyone else! Just answer by e-mail to liberty@libertysavard.com

Isn’t God good! www.libertysavardlife coaching.com
New and Revised
SHATTERING YOUR STRONGHOLDS
SHIPPING NOW

I love the new cover design on the new and updated version of Shattering Your Strongholds. At some time this year, there will be updates and new covers for Breaking the Power and Producing the Promise, too. SYS is ready to ship out to you right now.

The new and revised Shattering Your Strongholds is not changing any binding and loosing principles, except for not giving individual names to strongholds. They all come under the covering of stronghold thinking as it is the thought patterns involved that create the problems.

You can always call and leave a message on my voice mail to order at 916-721-7770 (that is if the telemarketers haven’t filled it up during the day when I was listening!!!). Or, you can order online which is the fastest.

GPS FOR THE SOUL Available
Right Now! Either in Print Form or PDF
Just Go to the Catalog at www.libertysavard.com

GPS for the SOUL is ready to buy right now. I also am offering it in PDF for those who want instant delivery.

From what I have been told, PDFs can be read on Kindle and other electronic book readers, as well as the new Droids and some of the other Smart Phones. How exciting! Those of you with Kindles and Droids who order these PDF copies of my new books, please report back so I can verify all the different versions.

Liberty’s Other Newest Book THE OLD BROWN ROCKER is Now Available in PDF Version Right Now!

This is a children’s fiction story that I have written over the past 24 years, and is probably categorized as most appropriate for middle readers, 8-10. But this book is for adults, too. It is a small book, about one-fourth the size of Shattering Your Strongholds (11,000 words). This is the story of a nine-year-old girl, Leah, who lives with her widowed mother, Denise. Leah’s beloved grandmother is dying in a hospital.

Not knowing that her grandmother instructed Denise to sell her house, find a home for her old dog, and take her furniture to Good Will, Leah blames her mother for getting rid of all her grandmother’s possessions. Not having been told that her grandmother is dying, Leah keeps grieving and worrying about what her grandmother will do when she comes home and everything she loved is gone. This is a book that will help families talk to children about losing a loved one, and how Christians don’t really ever lose each other through death since they all come back together in Heaven.

The manuscript is ready to sell in a PDF version by return e-mail as The Old Brown Rocker.

Update on the Update on Liberty’s Health Condition
POST-Smallish Stroke

This is a sort of partial repeat from the last newsletter. Many of you keep writing or e-mailing and wanting to know how I am doing. That always deeply touches me. I am home and a Bible School student is staying with me most of the time. I am “adjusting” to whatever God is asking of me. At least I’m trying to.

I still have a little trouble with fine motor skills regarding typing (hence the mistakes), but my mind is fairly sharp. I keep practicing using my typing as often as I can. I’ve been working on this newsletter for several days.

It was a disappointment to discover a few days ago that my best friend, Marian, was moving nearly 200 miles away to an assisted living situation tomorrow (Saturday).

I still struggle with discouragement over the stroke and fight a desire to ask, “Why me?” Perhaps I struggle with a little depression, too. But I remember that many of you are praying regularly for me, so I just try to keep focused on the Lord. I also remember to thank God for the many blessings that I do have.

Many seem to have a lot less, but they are moving as steadily forward as they can. So I feel I should, too.

Many of you have sent gifts, donations, and cards. Or, you have called my message voice-mail line to offer encouragement about my recovery from the stroke. I have one International Intercessor who calls my voice mail line about every other week from Maui and prays for me. Thank you so much!

Questions and Answers

QUESTION: How do I stop all the chattering inside my mind. Is there a prayer that will help me?

ANSWER: Try this from my Binding and Loosing Manual.

TOXIC THINKING
(Dangerous but Changeable!)

People who have chronic worried, fearful, stressful, angry emotions (feelings) and thought patterns have a much higher death rate than those who do not. People today consume billions of tranquilizers and barbiturates as well as alcohol, nicotine, and other drugs to cope with such feelings which are toxic to both body and soul.

Your thoughts and feelings impact the condition of your immune system, blood pressure, digestive tract, and more.
Toxic thinking and bad feelings often come from relationship problems that have resulted in unresolved anger, grief, failed expectations, and unforgiveness. These wrong thoughts and emotions cause your blood vessels to constrict and reduce oxygen flow to your body’s tissues and muscles causing metabolic waste to accumulate in your joints. They cause elevated levels of adrenaline and cortisol to sear your body’s organs like acid.

Chronic stress occurs when your body experiences so many stressors that your nervous system rarely has a chance to activate its relaxation response. Our miraculous bodies were created by God to handle what is called acute stress, but they are not designed to handle chronic stress. Our modern lifestyles with our bad economy, terrorism, high-pressure jobs, loneliness, and even heavy commuter traffic all keep our bodies in a state of perceived threat and chronic stress. Our fight-or-flight response was designed to help us outrun, overcome, or fight threatening situations (like being attacked by a small bear once every ten or fifteen years). We are not designed to be in a chronic state of fight-or-flight, which is very damaging to our bodies and our souls.

A Jewish scientist discovered opiate receptors in our brains back in the ’70s. He reasoned that if God has put opiate receptors in our brains, then He had also put opiates within our bodies for the receptors to receive. This led to the discovery of the feel-good hormone called endorphins. Endorphins are released in your body through laughter, exercise, creative activity, and sex (God wants that to be married sex only!). Endorphins help repair your damaged immune systems and other organs in your body, they can alleviate depression, and they have an ability to block or cut off the paths that pain travels over to alert the brain that you are in pain. If you never get the pain-mail, you don’t know there’s any pain!

Matthew 16:19 says that Jesus has given us the Keys of the Kingdom, binding and loosing, to use in prayer. When we use them to do this, we can cause things on earth to come into alignment with God’s will in heaven. It is His will that you would have the mind of Christ and His peace. It is time to pray and clean out the toxic waste in your soul; it is time to change how you respond to delay, disappointment, and difficult people. It is time to become aligned with God’s will for the health of your soul and your body.

**Reversing the Damage of Toxic Thinking**

_Father, I know that when my subconscious has to work so hard to handle my negative thoughts and feelings, my ability to hear from you, be a problem solver, feel joy, and to receive healing gets totally blocked. I cannot bury, ignore, medicate, or compensate for my toxic thinking anymore._

_I also know that toxic thoughts and feelings can impact the condition of my immune system, blood pressure, digestive_
in your mind by binding your mind to the mind of Christ, reading the words of Christ to learn His thought patterns, and searching the Word for truth (right beliefs).

You conquer angry and hateful thoughts by confessing and repenting of them, and then loosing stronghold thinking that has been rationalizing and justifying your belief that you have had a right to be angry or to hate someone or to deny those feelings. You occupy that newly cleared space in your mind with the Word of God and with an earnest desire for an infilling of God’s love.

You conquer bitterness by first confessing it and repenting of it, then loosing the stronghold thinking justifying it. You occupy that newly cleared space in your mind with praise and thanksgiving in all things.

God will extend grace to all who do not yet understand their unsurrendered souls’ sabotaging efforts, BUT He will not continue to allow His sons and daughters to remain in the state of rationalizing their wrong thought patterns and wrong emotional reactions. He will lift His grace and allow pressure and heat to come into these lives if they ignore His warnings.

Loosing Wrong Patterns of Thinking
Jesus, the more I bind my mind to your mind, the more aware I become of my critical thoughts about others. I am so sorry and I want to change! I loose my wrong thoughts, and I refuse to allow my soul to justify any further anger or frustration. My will sometimes pushes me so hard to act upon the ungodly thoughts in my mind that I confess that I still want to see others pay. I loose all wrong thoughts, all wrong beliefs, and the effects and influences of all wrong agreements I have entered into over what I have perceived as cruel or inconvenient injustices toward me. I loose the effects and influences of wrong agreements I have made with others over them.

Thank you for the Keys of the Kingdom which help me come into alignment with your desired plans and purposes. I bind every one of my thoughts to the obedience of Christ (2 Corinthians 10:5). I loose all vain and evil imaginations within my mind and I will not allow my soul to exalt them between me and you. I ask that you judge every form of my thinking where I may be deceived and then correct me. You have said that I should think on whatever is pure, lovely, admirable, excellent, and praiseworthy. I bind my mind to thoughts patterned after love, patience, and kindness.

I will not think envious, boastful, or proud thoughts anymore. I will believe the best of those I meet and interact with, and I will hope and believe for good thoughts from them. I will practice thinking the best of every person I meet. I love you, Lord, and I am so grateful for your thoughts of good will toward me. Help me remember to always think likewise. Amen

Loosing Wrong Thoughts and Desires Prayer
The unsurrendered human soul refuses to think godly thoughts because it views God as an enemy who wants to hinder its right to think how it wants to and pursue what it wants. Wrong desires are soulish and physical impulses toward objects, people, or experiences that appear to promise some form of satisfaction or excitement. Wrong desires are symptoms of unmet needs deep in the unsurrendered soul. These desires will not go away until God has been allowed to meet the needs causing them.

Loosing Wrong Thoughts and Wrong Desires
Jesus, the more I bind my mind to your mind, the more I become aware of my judgmental thoughts about others. I loose them and refuse to allow my soul to feed upon them to validate a victim status for myself.

Your Word states that my unsurrendered soul, my old nature, is where sin is conceived in me. I desire to have an abundant, sinless life, and I desire renewal and restoration from you. So I surrender my wrong desires to you, and I ask your forgiveness and cleansing for having replayed them over and over. There is nothing I can ever conceive of getting through my own thoughts or efforts that can help like you can. You are the one who can make me whole and complete, Lord.

Help me always remember that if I have accepted Jesus Christ as my Savior, my spirit is saved, reunited with the Spirit of my Creator, washed in the blood, and free! Wrong desires and wrong behaviors in my life do not mean that I am not saved, but they do mean my soul is messing with my moving into the abundant life you have waiting for me. I want to live fully in your love and destiny plans for me. In Jesus’ Name, Amen

Testimonies
Dear Liberty, I’m a fifteen year-old recovering self-injurer. My grandma died this past February and it’s been rough. Due to the wrong choices in company, and her death itself, I became severely depressed, abandoning the God I’d followed for years. I began to self-harm and without realizing it, erected massive strongholds inside my heart, and put another layer of bricks on the ones already there. A church friend who knew somewhat of what I was dealing with began meeting with me. She gave me your book, Shattering Your Strongholds, warning me it might be too hard/straight or forward/deep for me because I was so young. I read Chapter One and forgot about it until about three nights ago. I’m amazed, blown-away, flabbergasted at what God is changing in me already!

When I bound myself to Christ for the first time, peace flew into me like I’ve never felt before. I’ve started to bind myself to the things of God, to everything Christ like I can think of
and find in the Word. I began to loose my strongholds and Satan’s works, and the hold he had on me because of my past.

The ultimate test so far, for me was when I found out my ex-best friend was yet again thinking about suicide, I couldn’t control what happened because I couldn’t talk to her. This was an instance where Satan and my old nature would have teamed up to get me to self-injure. Instead I bound myself to Christ, and bound my ex-friend to Him too. I loosed my strongholds, Satan’s works on me and then did the same for my friend. All I can say is the peace and power I felt was incredible. She was kept safe and I can only imagine what being bound to Christ is doing for my atheist ex-friend.

I do know that the binding and loosening is not just a one-time thing, and the true test of being changed is if I’m still changing and growing years from now. That is why I’m hoping to be able to share some more great things in a few months, and especially a few years down the road. I just had to thank you for letting God use you to clarify these Scriptures and help me to begin shattering my strongholds!

God bless! K.

Dear Liberty: I always felt like my Bhuddist dentist was a man who was searching. I told him some Bible stories and all the while I was praying the binding and loosing prayers for him and for salvation. I told him about Jesus and the Cross and how he could be forgiven and have eternal life. He said he had some friends who gave him some tickets to a big Christian meeting and he now thought maybe this was the way to go. Evelyn

PRAYING FOR THE CHILDREN

Every Monday through Friday morning, I pray at the same time as nearly 70 LSM International Intercessors do around the world for children who are in situations of all forms of abuse, hunger, sickness, poverty, and even child slavery.

Second Chronicles 7:14 tells us:

If My people who are called by My name will humble themselves, and pray and seek My face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land (NKJV).

I cannot help but wonder if some of our wicked ways are that we do not pray enough for those who need help so badly. This speaks of the power of our prayers for our nations and those in them if we will humble ourselves, stop following our own wills and our own agendas, and pray with all the focus and determination that we can for what is right.

What might be considered one of our wicked ways as spoken of here? Could it not be that we have not cried out for others, especially the children of the world everywhere, every day! Please join with me and others in praying for the children of the world who desperately need us to agree that God’s will shall be done in their lives and quickly.

Lord, I come to your with pain in my heart asking that you forgive me for not daily remembering and praying for those who cannot help themselves. I bind every child in the world to your will. I bind their minds to your mind, Jesus, and I bind their wounded and ragged emotions to the healing balance and comfort of the Holy Spirit. Please speak words of encouragement and hope to them. Please send help to rescue them quickly.

I loose the enemy’s influence from all adults who are using and abusing so many children in the world today. Please heal them from whatever has driven them to such behaviors. People are not born knowing how to abuse; they learn from being abused themselves. Please break this evil cycle in their lives.

I loose, smash, crush, and destroy the enemy’s works that are coming against these children. You have said if we would humble ourselves, pray, seek your face, and turn from our wicked ways, then you would heal our land. Please show us all that we need to do to work with you to see our lands and the children in them become safe and healed and filled with hope. Thank you, Father God. Amen

Always remember James 4:17 (NIV):

Anyone, then, who knows the good he ought to do and doesn’t do it, sins.
Who and What is LIBERTY SAVARD MINISTRIES?


This ministry believes the Scriptures are inspired of God, infallible, and fully authoritative for Christian faith and conduct. Jesus Christ, the Son of God, was born of a virgin, lived a sinless life on Earth, died on the cross in a substitutionary work of redemption for mankind, rose again and now sits at the right hand of the Father. Through Christ’s shed blood and renewal of the Holy Ghost, justified by grace through faith, man becomes an heir of God with absolute hope of eternal life.

Liberty teaches Christians how to cause their unsurrendered souls (old natures) to surrender to the will and purposes of God. She also teaches Christians how to loose emotional baggage and toxic waste from their souls to create room within themselves to receive all God has promised to them for today. This allows believers to fulfill their destinies while walking in knowledge and power to bring glory and honor to God the Father! The message of binding and loosing and the *Unsurrendered Soul* teaches God’s people how to pray with the Keys of the Kingdom (Matthew 16:19) to impact things on earth so they come into alignment with God’s already established will in heaven. Liberty also teaches Christians how to pray purely without “want lists” and soulish instruction manuals for God (so He will know how best to answer their prayers!). Effective prayers with pure motives declare that God’s will shall be done on Earth as He has so set it in heaven.

LIBERTY SAVARD MINISTRIES
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I’ve Been Reading Psalm 46 in *The Message* Lately
New Interactive Catalog of all Products in All Versions Available
Find at [www.libertysavard.com](http://www.libertysavard.com) – Back Online NOW!!

New *Shattering Your Strongholds* WORKBOOK Available
New Sales Prices on Life Coaching Sessions
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Special New Prices on Products
Questions and Answers – “How can I stop MY mind from constantly chattering at me?”
Update on Liberty’s Health
Praying for Children Everywhere